

Sarah Hosseini, Psy.D.

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EDUCATION

Midwestern University, Downers Grove Illinois **09/2017-08/2022**

Doctoral graduate from the APA-Accredited Psy.D. Clinical Psychology Program

Master of Arts in Clinical Psychology Awarded (08/2019)

Michigan State University, East Lansing Michigan **09/2012-08/2016**

Bachelor of Science in Kinesiology

Minor in Health Promotion

CLINICAL EXPERIENCE

Behavioral Health Dallas, PLLC • Dallas, TX • 2022-Present

Licensed Clinical Psychologist (2023-Present)

- Provides outpatient individual therapy to diverse individuals across the lifespan.
- Offers couples therapy services.
- Utilizes both brief and longer-term evidence-based psychological interventions.
- Consults and collaborates with various psychiatric and medical professionals.
- Participates in clinical training and professional development opportunities.

Psychology Postdoctoral Fellow (2022-2023)

University of Texas Health Science Center • Tyler, TX • 2021-2022

Psychology Intern

- APA-Accredited clinical psychology internship.
- Collaborated with medical residents, attending physicians, and nursing staff to conduct brief assessment, intervention, and crisis management for patients across the lifespan within family medicine clinic, inpatient medical, emergency department, oncology, physical therapy, and pulmonology.
- Provided outpatient individual therapy to children, adolescents, and adults presenting with a wide range of concerns, including persistent mental illness to health behavior issues, with complex medical and comorbid diagnoses.
- Conducted health psychology assessments for bariatric surgery evaluations.
- Conducted integrated neuropsychological and psychodiagnostic assessment batteries for a variety of referral questions including dementia, traumatic brain injury, ADHD, learning disorders, and related cognitive dysfunction.
- Provided individual psychotherapy and skill-based group therapy for patients on acute and subacute inpatient psychiatric units.
- Engaged in quality improvement project to assess the use of psychology warm handoffs in various medical clinics and identify barriers to making referrals to psychology.
- Supervised UT Tyler Master's level students' clinical experiences.

Advocate Christ Medical Center-Integrated Behavioral Health • Oak Lawn, IL • 2020-2021

Advanced Therapy Extern

- Provided consultation-liaison services within a hospital setting and via telehealth.
- Evaluated patients through interviews and provided individualized recommendations and resources based on patient needs.
- Provided empirically based brief interventions to diverse adult patients with a variety of clinical and medical presentations in a hospital setting and via telehealth including mood disorders, anxiety disorders, adjustment, substance-related disorders, PTSD, psychosomatic symptoms, personality disorders, schizophrenia, amputations, gunshot wounds, cancer, lupus, COPD, seizures, COVID-19, etc.
- Constructed consultation notes with detailed recommendations based on patient needs to support treatment.
- Consulted and worked with physicians, nurses, etc. as part of an interdisciplinary team to provide holistic care.

Garfield Park Behavioral Hospital • Chicago, IL • 2019-2020

Graduate Therapy Extern

- Coordinated and engaged in client intake sessions.
- Provided evidence based brief interventions to address issues within the milieu.
- Offered individual therapy to diverse children and adolescent adults with a range of difficulties including: neurodevelopmental disorders, mood disorders, anxiety, trauma/stressor-related disorders, ODD, conduct disorder, eating disorders, etc.
- Led process and psychoeducation groups for children and adolescents to improve coping skills, symptom management, and interpersonal skills.
- Administered, scored, and interpreted psychological diagnostic assessments and psychosexual assessments.
- Constructed psychological reports with detailed recommendations based on the assessment findings to support treatment and diagnostic impressions.
- Consulted and worked as part of an interdisciplinary team to provide holistic care.

Trinity Services, Inc. – Family Counseling Center • New Lenox, IL • 2018-2019

Graduate Diagnostic Extern

- Offered intake interviews with diverse children, adolescents, and adult clients with a range of referrals including: neurodevelopmental disorders, mood disorders, anxiety, ODD, conduct disorder, neurocognitive disorders, substance-related disorders, eating disorders, etc.
- Administered, scored, and interpreted psychological and neuropsychological diagnostic assessments, including the Autism Diagnostic Observation Schedule, Second Edition (ADOS-2).
- Wrote comprehensive reports integrating background information, assessment outcomes, and identified tailored recommendations.
- Engaged in case conceptualization and completed client reports.
- Participated in client feedback sessions to provide results of the assessment and discuss recommendations.

TEACHING AND ACADEMIC EXPERIENCE

University of Texas Health Science Center • Tyler, TX • October 6, 2021

Integrated Behavioral Health Presentation

Title: *Collaboration in Primary Care*

- Provided education to the family medicine residents about behavioral health services and appropriate referrals to psychology within a primary care setting.
- Discussed the various levels of integrated behavioral health services in primary care as well as the difference between behavioral health services and traditional psychotherapy.

Midwestern University–Clinical Psychology Program • Downers Grove, IL • 2018-2021

Graduate Teaching Assistant

- Assists faculty members with grading and other miscellaneous projects.
- Provides feedback to students regarding assignments and grading.
- Taught several classes to first-, second-, and third-year graduate level clinical psychology students on topics such as test administration/scoring, statistics, and research methods.
- Served as Teaching Assistant for the following classes: Clinical Interviewing, Intelligence Testing II, Personality Assessment II, Statistics I & II, Research Methods and Design I & II, Diversity in Clinical Psychology, Lifespan I, Family Systems, Group Therapy, Advanced Psychotherapy, and Integrated Healthcare.

RESEARCH EXPERIENCE

Midwestern University • Downers Grove, IL • 2019-2022 (Defended: May 2022)

Dissertation

Title: *Motivational Factors for Older Adults Engaging in Exercise Programs and the Role of Depression: A Systematic Literature Review*

Dissertation Chair: Michelle Lee, Ph.D.

Midwestern University Multispecialty Clinic • Downers Grove, IL • 2017

Research Clerk

- Served as part of a research team assessing the needs of the Multispecialty Clinic.
- Conducted needs assessments with optometrists at the clinic to address concerns.
- Presented research findings at Kenneth A. Suarez Research Day.

Supervisors: Michelle Lee, Ph.D. & Nathaniel Krumdick, Ph.D.

OTHER EXPERIENCE

Team Rehabilitation Physical Therapy • Farmington Hills, MI • 2016

Undergraduate Intern

- Followed the patients' plan of care as established by the therapist.
- Assisted therapists to ensure patients receive high quality treatment.
- Co-facilitated the BIG Exercise Program for patients with Parkinson's Disease.
- Maintained enjoyable yet professional relationships with patients and providers.

Oakland Physical Therapy P.C. • Novi, MI • 2015

Volunteer

- Kept equipment and therapy areas clean and well-organized.
- Provided a welcoming and comfortable environment for patients.
- Assisted patients around the therapy areas and catered to them as necessary.
- Completed necessary clerical tasks and record-keeping.
- Communicated and established rapport with both the patients and the staff.

CERTIFICATIONS

Postpartum Support International-Maternal Mental Health Certification • August 2022

- Completed training about assessment and treatment of perinatal mood disorders.

University of Massachusetts-Primary Care Behavioral Health Certification • April 2022

- Completed training about integrated behavioral health services in a primary care setting.
- Engaged in discussions about the role of behavioral health in a medical setting and how to best collaborate with primary care professionals.

Montreal Cognitive Assessment (MoCA) Certification • November 2021

- Completed training to obtain 2-year certification in administering and scoring the MoCA.

Basic Life Support/CPR/AED Certification • July 2021

- Completed training to obtain 2-year certification.

UCLA Integrated Substance Abuse Program SBIRT Training • July 2021

- Completed online training course for conducting the Screening, Brief Intervention, and Referral to Treatment (SBIRT) for substance use.

AFFILIATIONS

Psi Chi – Honor Society • 2018-2022

Student Member

Behavioral Medicine Club • 2017-2021

Student Member

Diversity Enrichment Task Force • 2017- 2021

Student Representative and Member